

TRANSGENDER RESOURCES



RUTGERS HEALTH

PLASTIC & RECONSTRUCTIVE SURGERY

Richard Agag, MD Associate Professor of Surgery, Chief Jeremy Sinkin, MD Assistant Professor of Surgery

Division of Plastic & Reconstructive Surgery Rutgers Health | Robert Wood Johnson Medical School 125 Paterson Street, Suite 4100, New Brunswick, NJ 08901

Phone: 732-235-7865 | Fax: 732-235-7378

PEDIATRIC ENDOCRINOLOGY

Ian Marshall, MD

Assistant Professor of Pediatrics | Chief, Division of Endocrinology Child Health Institute of New Jersey 89 French Street, 2nd Floor, New Brunswick, NJ 08901 Phone: 732-235-9378 | Fax: 732-235-5002

FEMALE REPRODUCTIVE HEALTH

Juana Hutchinson-Colas, MD, MBA Associate Professor, Chief Division of Female Pelvic Medicine and Reconstructive Surgery Gloria Bachmann, MD, MMS Professor of OBGYN and Medicine Director, Women's Health Institute

Rutgers Health | Robert Wood Johnson Medical School 125 Paterson Street, Suite 4200, New Brunswick, NJ 08901 Phone: 732-235-6600 | Fax: 732-235-6650

MENTAL HEALTH

IPG Counseling & Psychotherapy | The Institute for Personal Growth 1119 Raritan Avenue, Highland Park, NJ 08904 90 West Main Street, Freehold, NJ 07728 235 9th Street, Jersey City, NJ 07302 https://ipgcounseling.com Phone: 800-379-9220

Dr. Eunice Aviles, PsyD, LMHC

Doctor of Psychology, Gender Specialist & AASECT Certified Sex Therapist Morris Avenue, Suite 103, Union, NJ 07083 https://www.euniceaviles.com Phone: 413-657-6104 | Fax: 800-732-0506 * Also offers telehealth online therapy in English and Spanish to individuals in NJ, MA, and PR

Robert Wood Johnson RWJBarnabas University Hospital

<u>SUPPORT</u>

Jackie J. Baras, MSN, MBA, RN

Quality Nurse Manager, PeriOperative Services | RWJUH LGBT Navigator Lead Group Facilitator, PROUDLY ME Education/Support Group, PROUD Community Advisory Council Robert Wood Johnson University Hospital | RWJ Barnabas Health One Robert Wood Johnson Place, New Brunswick, NJ 08901 Jackie.baras@RWJBH.org Office: 732-828-3000 x5690 | Cell: 908-442-5609

Walgreens Pharmacy at RWJUH

Offers cost-saving opportunities on prescription medications

RWJ University Hospital—New Brunswick I Robert Wood Johnson Place, New Brunswick, NJ (Pharmacy located inside hospital courtyard) Phone: 732-246-1745 | Fax: 732-418-7923

RWJ University Hospital—Somerset 110 Rehill Avenue, Suite 8L002, Somerville, NJ (Pharmacy located across from Emergency Dept) Phone: 908-947-2667 | Fax: 908-947-2669

SPEECH THERAPY

Leigh Carrico Mann, MS, CCC-SLP

Speech-Language Pathologist

Robert Wood Johnson University Hospital | RWJ Barnabas Health 10 Plum Street, 8th Floor, New Brunswick, NJ 08901 Phone: 732-937-8655 | Fax: 732-418-8390

Specialized Primary Care Services for LGBTQIA Community

PROUD Family Health

RWJ University Hospital Somerset

128 Rehill Avenue, Suite 1100, Somerville, NJ 08876 Phone: 855-776-8334

Gender Affirmation Surgery Process:

Step 1: Mental Health

Meet with a Psychologist or other Mental Health Professional who specializes in gender identity.

Step 2: Hormone Therapy

See an Endocrinologist to discuss hormone therapy.

Step 3: Gender Affirmation Surgery

See a Plastic Surgeon for a consultation for top and/or bottom surgery.

